

calistoga COMMUNITY POOL

1745 Washington St.
Calistoga, CA 94515
942-2838

FALL SCHEDULE August 12-September 1, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 6:30-8:00AM		Lap Swim 6:30-8:00AM	CLOSED	Lap Swim 6:30-8:00AM	Aqua Aerobics 8:15-9:30AM	CLOSED
Aqua Aerobics 8:15-9:30AM	CLOSED	Aqua Aerobics 8:15-9:30AM	Aqua Yoga 8:45-9:30AM	Aqua Aerobics 8:15-9:30AM	Lap Swim 9:45-11:30AM	Lap Swim 9:30-11:30AM
Lap Swim 9:45-12:45PM	Aqua Aerobics 10:15-11:15	Lap Swim 9:45-12:45PM	Lap Swim 9:45-12:45PM	Lap Swim 9:45-12:45PM	Rec Swim 12:00-5:30PM	Rec Swim 12:00-5:30PM
CLOSED	Lap Swim 11:30-2:00PM	CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
	CLOSED					
Lap Swim 4:30-7:00 <i>Two lap lanes during Water Aerobics</i>	Swim Lessons 4:30-6:30PM	Rec Swim 4:00-7:00PM <i>Two lap lanes available</i>	Swim Lessons 4:30-6:30PM	Rec Swim 4:00-7:00PM <i>Two lap lanes available</i>		
Aqua Aerobics 5:00-6:00PM	Swim Team 4:30-5:30PM		Swim Team 4:30-5:30PM			
CLOSED	Lap Swim 5:45-7:00PM <i>3 lanes</i>		Lap Swim 5:45-7:00PM <i>3 lanes</i>			

FALL SCHEDULE September 2-September 29, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Lap Swim 6:30-8:00AM	CLOSED	Lap Swim 6:30-8:00AM	CLOSED	Lap Swim 6:30-8:00AM	Aqua Aerobics 8:15-9:30AM	CLOSED
Aqua Aerobics 8:15-9:30AM		Aqua Aerobics 8:15-9:30AM	Aqua Yoga 8:45-9:30AM	Aqua Aerobics 8:15-9:30AM	Lap Swim 9:45-11:30AM	Lap Swim 9:30-11:30AM
Lap Swim 9:45-12:45PM		Lap Swim 9:45-12:45PM	Lap Swim 9:45-12:45PM	Lap Swim 9:45-12:45PM	Rec Swim 12:00-5:30PM	Rec Swim 12:00-5:30PM
CLOSED		CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
Lap Swim 4:30-7:00 <i>Two lap lanes during Water Aerobics</i>	Swim Team 4:30-5:30PM	Rec Swim 4:00-7:00PM <i>Two lap lanes available</i>	Swim Team 4:30-5:30PM	Rec Swim 4:00-7:00PM <i>Two lap lanes available</i>		
Aqua Aerobics 5:00-6:00PM	Lap Swim 5:45-7:00PM		Lap Swim 5:45-7:00PM			

PROGRAM DESCRIPTIONS

Recreational (Rec) Swim: Pools will be open for use to all ages. One lap swimming lane will be available.

Lap Swimming: Designated time for anyone to lap swim and individual water exercise. Kickboards and pull buoys will be available. ***Note-**when swim lessons and water aerobics overlap with lap swim, limited lap lanes are available.

Swim Team: Partnered with Waves Aquatics, this coached youth swim team challenges and develops competitive swimming technique. ***Note-**Pre-registration is required, no drop-ins.

Swim Lessons: Designated time for registered youth & adult swimming lessons. ***Note-**Pre-registration is required, no drop-ins.

Aqua Yoga: Partnered with Calistoga Fit, this water fitness class uses the principles and movements of Yoga, and adapts them to the water environment.

Aqua Aerobics: Partnered with Calistoga Fit, this shallow water aqua class focuses on using the natural resistance of the water to tone and challenge the muscles in a joint friendly manner. All levels are welcome.

UPDATED 8/13/19-Schedule is subject to change and pools are subject to closure.

POOL ADMISSION PRICES

2019 Pool Season Pass

Calistoga Resident

-April-September, 2019

-Includes water aerobics, lap swim, and rec swim

-Must provide proof of residency

Residents (all ages) FREE

Daily Fees

Lap & Rec Swim

Seniors (55+) \$4

Adults (18+) \$6

Youth(Under 18) FREE

10 Punch Pass

Lap & Rec Swim

Seniors (55+) \$40

Adults (18+) \$60

Daily Fees

Water Aerobics

Seniors (55+) \$5

Adults (18+) \$7

10 Punch Pass

Water Aerobics

Seniors (55+) \$50

Adults (18+) \$70

2019 Pool Season Pass

Non-Resident

-April-September, 2019

-Includes water aerobics, lap swim, and rec swim

Seniors (55+) \$300

Adults (18+) \$385

Family (two adults) \$500